



# Pippin Pre-School

Cycle, walk and scoot to school- learn, explore  
and get active for

## Sustrans Big Pedal



# What is it?

Sustrans Big Pedal is the UK's largest inter-school cycling, walking and scooting challenge.



Schools compete to see who can record the greatest number of human powered journeys over two weeks.





# When is it?



The challenge runs from Wednesday 22 April – Tuesday 5 May.



# How long is it?

You can take part for all ten days of the challenge but only the best five days will decide your final position.







# Who can take part?



Teachers and other school staff, parents and pupils are all able to take part in the challenge.





# What do we do?

Cycle, walk or scoot to school every day and encourage your friends, staff and parents to do the same.

Record your journeys daily on the Sustrans Big Pedal website to try to increase your score each day.







# What do we do? One day challenge

Cycle / walk / scoot to school for at least 30 minutes during the school day. Encourage your friends, staff and parents to do the same.

Record your journeys on the Sustrans Big Pedal website and try to increase your score each day.





# Prizes

There will be fantastic prizes up for grabs throughout the challenge. Schools that get over 15% of their pupils cycling, walking or scooting to school will be entered into the prize draw.

Prizes include accessories and equipment to help your school travel actively.







# Superhero Day

In the Big Pedal 2019, thousands of children across the UK transformed into their favourite superhero to celebrate the final day of the challenge.

Schools can choose to fundraise for Sustrans if they want.

Celebrate on the final day you take part.





# Be part of something

We know that many of you would like to see safer and more enjoyable routes to school. We want decision makers to hear this too.

During the challenge, we'll ask you about the changes that you and your pupils want to see to make it easier to cycle, walk and scoot to school.





# Good luck!